

# Resilient Karekare's Quick Guide for Disasters

Resilient  
Karekare  
Connected &  
Disaster  
Ready

## Resilient Karekare Network

Living in Karekare requires resilience and preparedness. The community may need to look after itself and any visitors in Karekare for a considerable time without outside help.

The Resilient Karekare Network is a voluntary, community system for preparing for, thriving during, and recovering well from disasters. It is engaged only when necessary and complements and supports the work of emergency responders and Auckland Emergency Management.

For more info read the Resilient Karekare Booklet



## Network Structure

Between Disasters

During and Immediately  
After Disasters

### Household Level

#### Neighbourhood Level Teams

In disasters, five Neighbourhood Teams, if required, will build their teams, check on people, assess needs, and create situation reports for the Disaster Coordination Team

Neighbourhood Teams liaise with other teams, make action plans, lead, and mobilise, if required and able. In between disasters Neighbourhood Teams welcome new members to the area and maintain up-to-date databases

#### Area Level Teams

Area teams will be formed, as desired / required

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Area teams will form or adjust, as required, to suit the scope and nature of each disaster

#### Community Level - Resilient Karekare Coordination Team

Collaborates to further develop and coordinate the Resilient Karekare Network between disasters

#### Community Level - Disaster Coordination Team

Coordinates the Network's Response during disasters and immediately after

#### Hubs Teams

Teams may be formed to run hubs, if needed

## Household Actions Before Disasters

Have ready:

- Food and supplies for your household and your animals for at least two weeks
- Ways for providing your household with water, cooking facilities, light, toilet facilities, and phone charging capability for at least two weeks if the power network is damaged
- A Go Bag and evacuation routes and arrangements planned, discussed, and practiced
- A household plan for getting in touch with each other in a disaster if your household isn't together
- Emergency numbers printed out

## Household Actions if there is Advance Warning of Disasters

- ➔ Know your household risks and vulnerabilities and take steps to reduce risks and potential impacts
- ➔ Listen to the radio for warnings and updates. Check Auckland Emergency Management's website, Facebook, and Twitter
- ➔ Check that your neighbours, friends, and vulnerable community members are aware of warnings
- ➔ Keep visitors safe. Cancel bookings, and advise tourists and people in temporary accommodation to leave or get prepared
- ➔ Offer shelter to others who might need it (i.e., in empty baches if they are in a safe location)

## Household Actions During Disasters

- ➔ GET OUT if not safe - don't wait to be ordered!
- ➔ Call 111 if you need assistance getting out. Be prepared that help may not be coming till after the event if you choose not to evacuate early enough
- ➔ STAY SAFE - call 111 for emergency responders
- ➔ If you're evacuating use Neighbourhood and / or Area Chats to let responders and Resilient Karekare Teams know where you are. Ask for support, if you need it
- ➔ If you've been evacuated do not to return home until you are told it's safe

## Household Actions During / After Disasters

- ➔ Use Resilient Karekare's Whats App Chats to share info to feed into situation reports. Report needs, damage, hazards, and conditions
- ➔ Signal that members of your household are OK and don't need to be checked on by putting something white on your letterbox
- ➔ Check on neighbours, families, friends, and vulnerable members of the community by phone or face-to-face, when it is safe
- ➔ Support the community effort



# Important Numbers

Risk to life or property	111
After hours water rescue (call 111 and ask for Police)	111
First Response (call 111 and ask for Ambulance)	111
Auck. Emergency Management	0800 22 22 00
Auckland Council	(09) 301 0101
Karekare Firestation	(09) 8128 747
Karekare Surf Club	(09) 8128 871
Karekare School	(09) 8128 746
Police Station (Henderson)	(09) 839 0600
Police (non-urgent)	105
Arataki Visitor Centre / Rangers	(09) 817 0077
Vector (power outages)	0508 832 867
Waitakere Hospital	09 839 0000
Healthline	0800 611 116
Lifeline	0800 543 354
Suicide Crisis Healthline	0508 828 865
Youthline	0800 376 633
Womens Refuge	0800 733 843
Man Alive	0800 826 367

# Communication

Communication in disasters is essential. Resilient Karekare uses Whats App to communicate between its teams and with households in Karekare. Join by contacting Jenny Ross, Estelle, or Shalema.

All Resilient Karekare Team members' actions are voluntary and optional. Team members have no powers to enforce action - they pass on info and advice. ALL members of the community are free to make their own personal and family decisions in the extra-ordinary context of emergencies and disasters.

Have power banks charged and ready for emergencies. USB battery clips with USB ports are inexpensive and can be used to charge tech. Waterproof cases are handy for keeping tech dry.

## Resilient Karekare Disaster Coordination Team Numbers

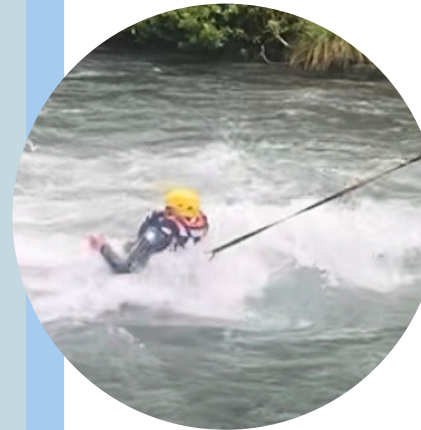
Shalema - Beach Valley	0204 812 788
Kim Conway - Farm Rd	027 668 8062
Karel W-H - Upper LK	027 422 7513
Jessika W-H - Beach Valley	0204 4121 1099
Estelle Clark - Mid LK	027 449 1707
Jenny Ross - Mid LK	027 820 1505
Melanine Blank - Farm Rd	027 445 6700
Alice Molloy - La Trobe	027 414 1534
Bex W-H - Te AhuAhu	027 341 9939
Daz Northcott - Te Kawerau	027 331 4454
a Maki and Sacred Earth	



## Evacuation

- The need for evacuation is dependent on each individual property - stay alert and monitor and assess your own situation along with information that is available
- Don't wait to be told - when in doubt move
- Evacuate only when the risk of staying in place is greater than the risk of shifting
- If in doubt, 'stay out'. Move to higher ground and call for 111 for help

## Flooding Events



If it's starting to flood, and your home or bach is in the floodplain, let people know if you're home or not via the Valley Chat or text to a Resilient Karekare Valley Team member, and provide updates if this changes.

If the stream is in flood and levels prevent use of bridges, people that are on the far side of the stream need to move towards Watchmans Road or evacuate up the hill towards Te Ahuahu. Use Whats App Chats to let people know where you are and when you get there.

NEVER ride flood waters for fun. Ensure your teenagers know doing so can easily be fatal.

### Expect During Flooding

- ➔ Expect the Karekare beach car park to be under water - shift vehicles and ask visitors to leave
- ➔ Expect the road between the car park and Watchmans Road to be impassable - water may be waist deep or higher and very fast flowing. Slips on the road below the Cave may isolate houses in the beach car park area
- ➔ Expect the vehicle track to the Surf Club to be impassable
- ➔ Expect that dams may form upstream. Watch for sudden drops in stream flow and move out of low lying areas immediately if this happens
- ➔ McCreadys Camp Ground may flood. Ask campers to leave

## Landslide Events

### Before Storms

- ➔ Know warning signs
- ➔ Be aware of landslide prone areas (existing landslides, steep slopes, and overland flow paths)
- ➔ Watch storm water flows
- ➔ Look for signs of movement
- ➔ Avoid actions that increase instability

### Landslide Warning Signs

Landslide warning signs are: slope cracks, slope bulges, unusual water seepage, sudden changes in stream flow, small rocks falling, branches cracking, rumbling, boulders knocking together, and earth hitting your house

### During Landslide Events

- ➔ Evacuate, warn your neighbours, and dial 111
- ➔ If there is not time to leave move to the room furthest from the approaching landslide and go to the top storey, shelter under a strong table or a bench
- ➔ If you are in a car, keep the doors shut, windows up, and seat belt on
- ➔ Remain calm and phone for help
- ➔ Make noise to alert rescuers (e.g., clanging metal)
- ➔ If caught in a landslide, curl into a tight ball, protect your head with your hands, and try to keep breathing space around your face

### Expect After A Landslide

- ➔ Reactivation of the landslides and other new landslides over hours, days, weeks, and months